

Dream Interpretation

Alison Byrne

Learn why we dream, how to remember dreams, and what dreams mean. Our work is based on sharing dreams, and helping each other to explore them.

Participants are asked to be prepared to share some of their dreams with the group.

Week 1	Introduction, why we dream, our subconscious, how to remember dreams	Sharing and interpretation of participants' dreams
Week 2	Symbology of colours	Sharing and interpretation of participants' dreams
Week 3	Symbology of numbers	Sharing and interpretation of participants' dreams
Week 4	Developing intuition	Sharing and interpretation of participants' dreams
Week 5	Common meanings of symbols	Sharing and interpretation of participants' dreams
Week 6	Programming our dreams	Sharing and interpretation of participants' dreams
Week 7	Guides	Sharing and interpretation of participants' dreams
Week 8	"Conscious Dreams"	Sharing and interpretation of participants' dreams
Week 9	Snippets v Dreams	Sharing and interpretation of participants' dreams
Week 10	Where from Here?	Sharing and interpretation of participants' dreams