



YOU ME WE



'Money and Me' evening course

Understanding what money means to us and how we can handle it better.

On this course, we'll explore, make changes and get valuable results:

- See our money clearly and understand our behaviour towards it.
- Get informed and spot some money improvements we can make.
- Create a good money plan personal to ourselves and make it happen!

As a friendly group, we'll learn, support each other and move forward together.



Everyone is welcome! I'd love to have you along in whatever way makes sense for you.

[Click here](#) to find out how to sign-up for 'Money & Me'. It's at the bottom of the page.

If you've any query at all, just get in touch (mark@you-me-we.com) and we'll take it from there.

What people say about 'Money & Me'

"I really enjoyed this...it came at the perfect time and has really opened my eyes to my options"

"The time flew! There was a really nice camaraderie and atmosphere in the group"

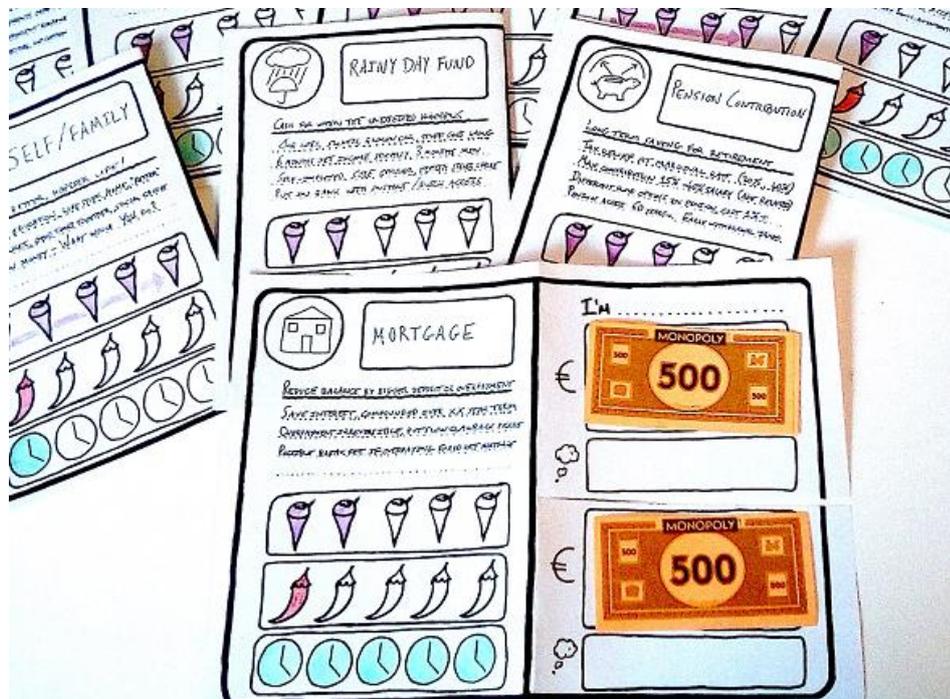
"Great activities, engagement and energy. A brilliant experience!"

More about the course

Here's a bit more about what we're going to do:

- Explore our attitudes towards money and what drives our behaviour. We will learn to **spot our habits** and make more conscious decisions.
- Build a **clear view** of your current money situation. (The details will stay private just to you).
- **Get informed** about important aspects and options for our money and our life, stuff like saving, clearing debt, pensions, mortgages, insurance.

We will become aware, get the 'big picture', so we can do more detailed research ourselves.



- Decide what **improvements** we want to make about money and why they really matter to us.
- Create a **good money plan** that you can believe in. (The details will stay private just to you). It'll be real-world, achievable and will deliver the changes we want.
- Find our **motivation**, support from people in our lives and accountability to **make our money plan happen**.

About the course facilitator

I'm Mark Herman.

Personally, I have commitments – job, family, mortgage, pension etc. I need to do well with my money and get the most from it.

A bit like yourself, maybe?

I'm also a qualified trainer and life coach.

One of my special interests is money, how it influences us, in practical and psychological terms.

I passionately believe that making it real and taking small steps are the magic stuff which gets results.



Course details

Monday evenings, 6.30pm to 8.30pm.

8 week course.

Runs 16th September to 11th November, 2019. (No course on 28th October).

Marino College, Fairview, Dublin 3.

Get in touch!

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