

YOUR RETIREMENT STARTS HERE

Imagine the happy retirement you want and take the first enjoyable steps

- *Are you rethinking your retirement plans due to the pandemic?*
- *Are your friends retired, but your head is still stuck in the 9 to 5?*
- *Will retirement be a sudden shock or could you ease into it gently?*

Meet a new you... The one who's retired!

In just 5 short weeks you'll know the retirement that's right for you.

You'll be guided through the easy, simple steps:

- Explore **what's important** to you. Spot the things you want more of and maybe stuff to let go. It's like a pick-and-mix of your life!
- Learn how to have a **happy, fulfilling retirement**. All about making the change, getting comfortable in your new shoes, staying active, health, hobbies, travel and more.
- Create a fun **vision poster** to start making it real. Go big, colourful, stick up photos and text showing all the **great things you'll enjoy** once you get there.
- **Look wider** and **see more**. Join nice people just like you, hear their experiences and plans and maybe get some **fresh ideas** yourself!

[Click here](#) to see photos and activities from this great course.

Everyone is welcome... If you're one, five or even ten years away. Or maybe you want more than the brief course you get at work. Perhaps you've even retired already and want more from it.

Just like a holiday, your retirement starts the moment you book, so why not sign up now!



About Mark Herman

I'm a qualified coach and trainer who helps people be their very best and live a happy, rewarding life.

My courses are all about making small, practical changes in the real-world, which are valuable to you and help you to start believing and keep going.

I'm proudly not an "expert advisor" in anything, though I do know my way round getting ready for retirement pretty well. Instead, I'm really just an everyday guy who's pretty good at making things simple, helping people learn and to find the best way for them.

I really enjoy teaching and love a good laugh with a group of learners, so do come along...it's going to be good craic!

You can find out more about me here: www.makeitrealcoaching.com/about